

*THE BOOK OF*  
**Jonah**

**Family Activity Book**

Adapted by Jesmond Methodist Church, Newcastle-upon-Tyne

# THE BOOK OF Jonah

## A bit about Jonah

Jonah was a prophet, a person chosen by God to speak directly to the world. We read in the Bible that he spoke God's word during the reign of King Jereboam II of Israel, who lived about 800 years before Jesus.

God asked Jonah to go to Nineveh, a place which had a bad reputation, but Jonah ran away in the opposite direction, instead.

This is the story of what happened next!

## Listen to the Story



Visit <https://youtu.be/WOSadLyqshq>

Video made by Saddleback Kids

# THE BOOK OF Jonah

N	I	N	E	V	E	H	R
B	O	A	T	B	J	K	O
K	Q	S	V	U	O	X	D
I	U	T	E	S	N	R	T
N	E	Y	W	H	A	L	E
G	S	T	O	P	H	S	D
S	N	O	R	E	X	E	D
E	W	E	M	G	L	A	Y



## WORD SEARCH

Jonah  
Whale  
Nineveh  
King  
Nasty  
Boat  
Snore  
Sea  
Stop  
Teddy  
Bush  
Worm

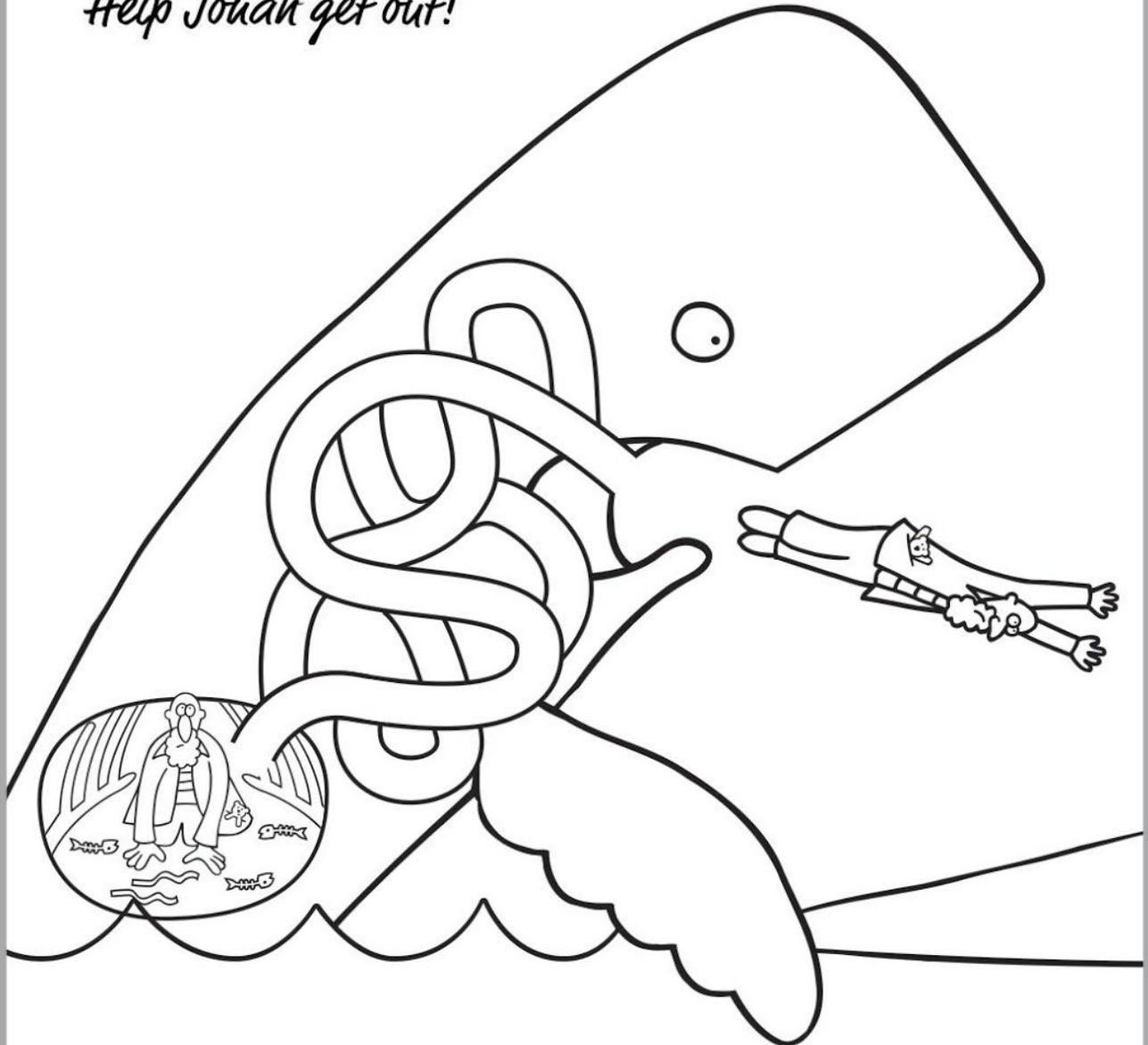


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Jonah\_and\_the\_Whale\_word\_search\_01

THE BOOK OF  
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*Help Jonah get out!*



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Jonah\_and\_the\_Whale\_maze\_01

# THE BOOK OF Jonah

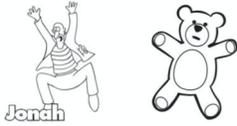


## Jonah Dice Game

Cut out the dice on the next page (an adult might be able to help you). This dice has six sides, each showing someone from Jonah's story: Jonah, the King, some sailors, Jonah's teddy bear, another sailor and the whale.

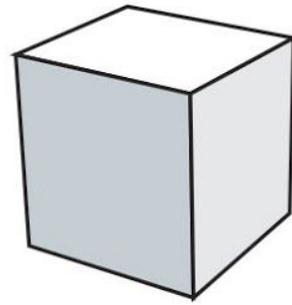
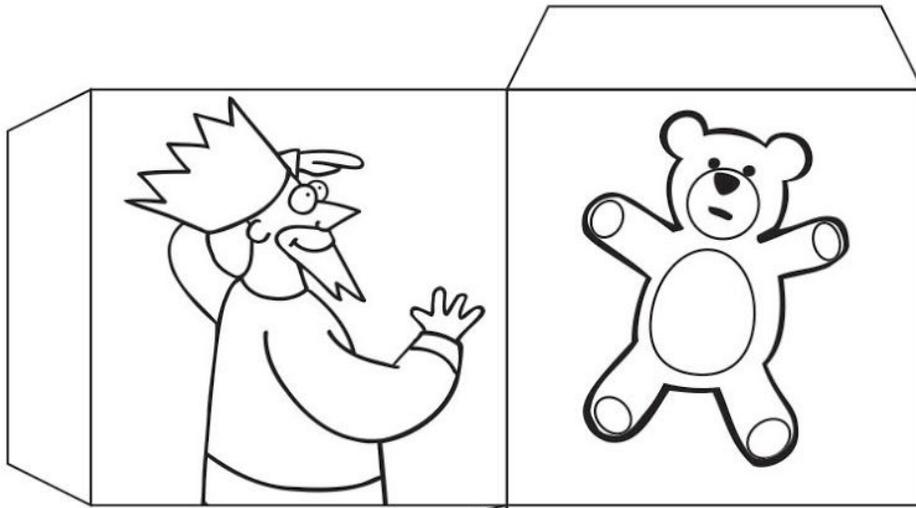
You will take it in turns to throw the dice five times. You are trying to get one of five combinations to show parts of the story.

These combinations are:

<p>JONAH LEAVES HOME Jonah and Teddy Bear</p> 	<p>JONAH TALKS TO THE SAILORS Roll just Jonah and Sailors</p> 
<p>THREE DAYS IN A WHALE Roll three Whales</p> 	<p>JONAH ARRIVES IN NINEVEH Jonah, King and Teddy Bear</p> 
<p>THE WHOLE TALE Jonah, King, Sailors and Whale</p> 	

You only have five (5) throws of the dice to try to win one of these combinations. Once you've rolled five times, pass the dice to the person next to you for them to have a turn.

The winner is the person to roll all five of the combinations first.



### Jonah Dice

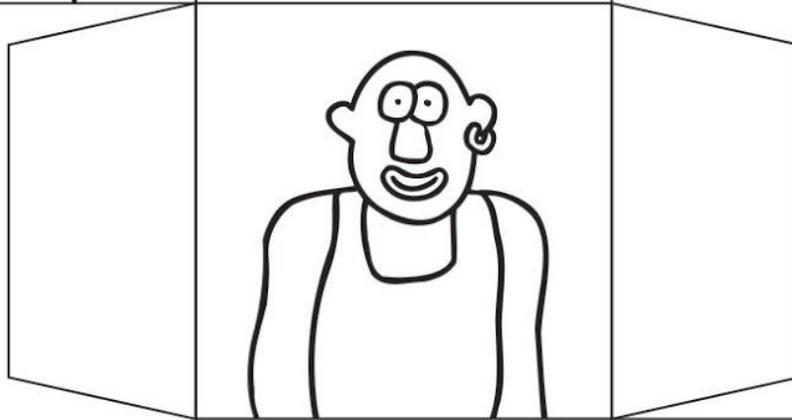
Colour this in.

Cut it out. (Be careful not to cut off the tabs).

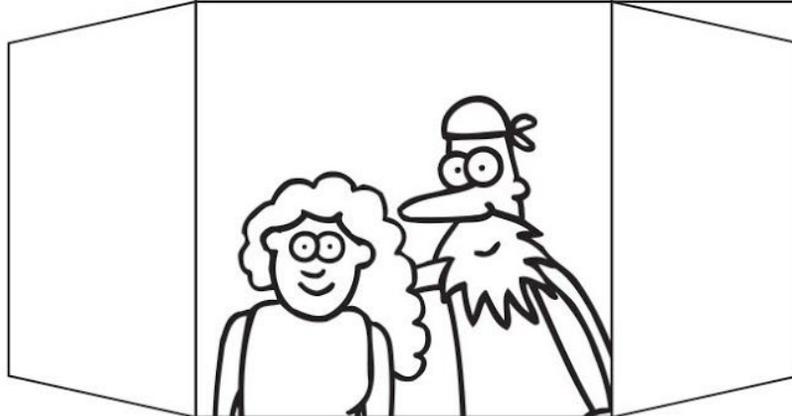
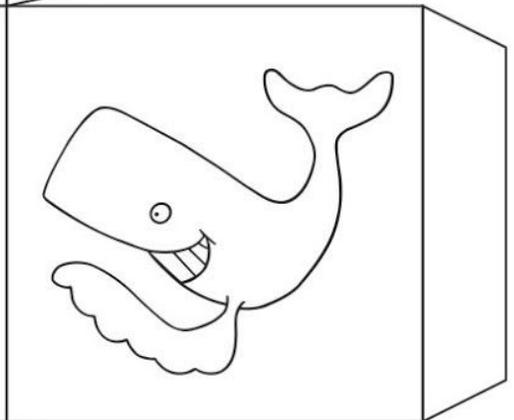
Fold along all the lines.

Glue the tabs onto the inside.

Well done! You have made a "Jonah Dice".



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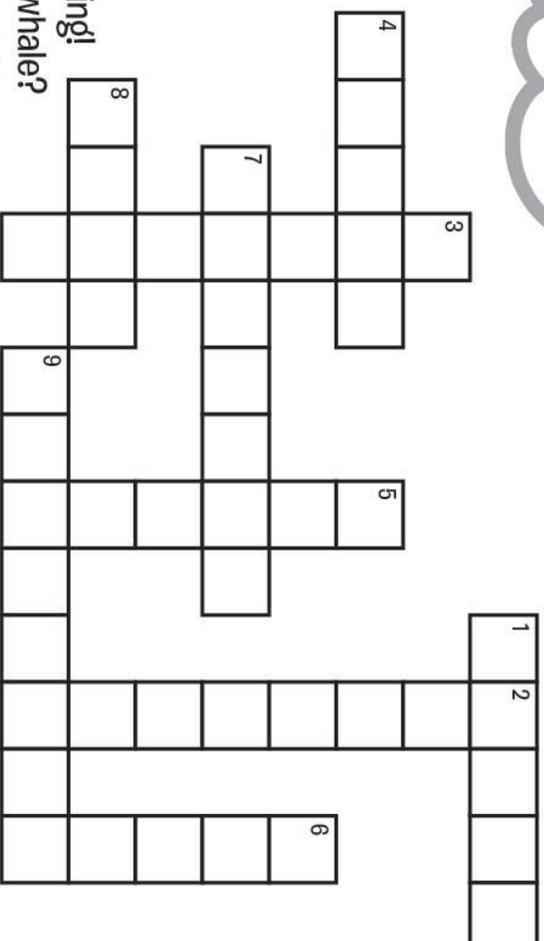
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Jonah\_and\_the\_Whale\_jonah\_dice

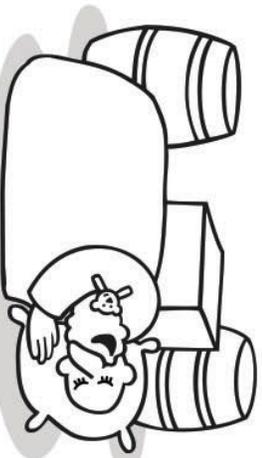
# THE BOOK OF Jonah

If you like crosswords, you are going to have a WHALE of a time solving this puzzle!



## Clues

1. Big black clouds, boat breaking waves and lightning!
2. What will you find in your living room but not in a whale?
3. What sound do you hear when you pop out of a whale?
4. A big Jonah swallowing sea creature. (Not a duck)
5. Who works on a boat?
6. Who is a grumpy Prophet?
7. Who is the boss on the boat?
8. A wiggly bush chomper.
9. A place that is a long, long way from Nineveh.
10. Who was the boss of Nineveh?
11. Who is the Big Boss of the whole world?
12. Who is Jonah's best friend? (He is very snuggly)



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Jonah\_and\_the\_Whale\_crossword\_01

# THE BOOK OF Jonah

## Talking to God

So many people pray in the story of Jonah! The captain of the ship asks Jonah to pray, the sailors pray, Jonah spends his time inside the fish praying, and even the King of Nineveh asks his people to pray. And every time, God listens to their prayers, and does amazing things!

We call it prayer, but it just means time to talk to God, who loves us.

Perhaps you can pray this prayer, which is a bit like Jonah's prayer from the Bible, or ask an adult to pray it with you.

When I am worried I call to you and you hear me  
I call for help and you listen to me  
Sometimes there's a lot going on but you walk with me  
I am so grateful for the good things you give me  
I will shout with joy 'the Lord loves me.'

**Amen**

### Hand Motions to help us remember



To remember this prayer you could use your four fingers and thumb, like this:

Hold up just your little finger, and curl it over, like it is shy and worried, and say

***When I am worried I call to you and you hear me***

Now hold up the finger next to it as well, like your two fingers are calling to each other, and say

***I call for help and you listen to me***

Next, use your middle two fingers like they are legs to go for a walk, and say

***Sometimes there's a lot going on but you walk with me***

Now point with your fourth finger (we call it the index finger), at good things around you, and say

***I am so grateful for the good things you give me***

Now stretch out all of your fingers and your thumb as you say the next line loudly!

***I will shout with joy 'the Lord loves me.' Amen***